

# THE 2-2-3 (PANAMA) SCHEDULE

TEAM	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	HOURS
1	Day	Day			Day	Day	Day			Day	Day				Night	Night			Night	Night	Night			Night	Night				168
2	Night	Night			Night	Night	Night			Night	Night				Day	Day			Day	Day	Day			Day	Day				168
3			Night	Night				Day	Day			Day	Day	Day			Day	Day				Night	Night			Night	Night	Night	168
4			Day	Day				Night	Night			Night	Night	Night			Night	Night				Day	Day			Day	Day	Day	168

## PATTERN

- 2 days on, 2 days off, 3 days on
- 2 days off, 2 days on, 3 days off

## SHIFTS



**Day:** 7 AM - 7 PM



**Night:** 7 PM - 7 AM