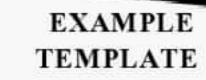
WEEKLY SCHEDULE



	A O -		- 2		Y DI	d 0	(0-
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:00-08:00	Wash and get dressed	Wash and get dressed	Wash and get dressed	Wash and get dressed	Wash and get dressed	Wake up, wash, get dressed, eat breakfast and brush teeth, as well as stripping your bed and putting it into wash	Wake up, wash, get dressed, eat breakfast and brush teeth
08:00-09:00	Eat breakfast and brush teeth	Eat breakfast and brush teeth	Eat breakfast and brush teeth	Eat breakfast and brush teeth	Eat breakfast and brush teeth		
09:00-10:00	Complete schoolwork or learning activities, with a morning break	Complete schoolwork or learning activities, with a morning break	Complete schoolwork or learning activities, with a morning Fbreak	Complete schoolwork or learning activities, with a morning break	Complete schoolwork or learning activities, with a morning break		
10:00-11:00						Go on a family walk	Do some baking
11:00-12:00				V etc			
12:00-13:00	Eat lunch	Eat lunch	Eat lunch	Eat lunch	Eat lunch	Eat lunch	Eat lunch
13:00-14:00	Complete schoolwork or learning activities	Complete schoolwork or learning activities	Complete schoolwork or learning activities	Complete schoolwork or learning activities	Complete schoolwork or learning activities	Free time - speak to your friends, watch TV, complete a puzzle, do some colouring etc	Go cycling or do
14:00-15:00							exercise at home
15:00-16:00	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc		Free time - speak to
16:00-17:00	Go for a walk	Go for a cycle	Complete a P.E class	Go for a walk	Complete a P.E class	Help to make dinner	your friends, watch TV, complete a puzzle, do some colouring etc
17:00-18:00	Set the table and eat dinner	Eat dinner and help to clean up	Set the table and eat dinner	Eat dinner and help to clean up	Set the table and eat dinner		
18:00-19:00	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Free time - speak to friends, watch TV etc	Eat dinner	Eat dinner and help to clean up
19:00-20:00	Wind down activity, e.g. reading a book	Wind down activity, e.g. reading a book	Wind down activity, e.g. reading a book	Wind down activity, e.g. reading a book	Watch a film together	Watch a film together as a family	Wind down activity, e.g. reading a book
20:00-21:00	Get ready for bed	Get ready for bed	Get ready for bed	Get ready for bed	as a family		Get ready for bed

This planner belongs to:

Elizabeth

