Steps For a Weekly Budget

This worksheet is designed to help you take a closer look at how you spend your money each month and begin thinking about ways you can better balance your budget.

1. In the "Expense Type" column, type in a description of each item, service, or experience you spend your money on each week. Include daily coffee, entertainment, restaurants, transportation—anything you typically spend money on.
2. Type in the amount you typically spend each week for each expense.
3. Click the "Fixed" or "Variable" column. "Fixed" indicates an amount you pay the same every time. "Variable" indicates an amount that tends to change each time.

Expense Type	Amount	Fixed?	Variable?