

EST = Eastern Standard Time (UT-5)
EDT = Eastern Daylight Time (UT-4)
DST = Daylight Saving Time

May 2023

NM = New Moon
FQ = First Quarter
FM = Full Moon
LQ = Last Quarter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 	3 	4 	5  FM: 1:34 PM (EDT)	6 
7 	8 	9 	10 	11 	12  LQ: 10:28 AM (EDT)	13 
14 	15 	16 	17 	18 	19  NM: 11:53 AM (EDT)	20 
21 	22 	23 	24 	25 	26 	27  FQ: 11:22 AM (EDT)
28 	29 	30 	31 			