

How to plan your most productive week in GoodNotes

JANUARY 2022 | week 2

OVERVIEW | BUDGET | HABITS

JANUARY

S M T W T F S

26 27 28 29 30 31 1

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21 22

23 24 25 26 27 28 29

30 31 1 2 3 4 5

WEEKLY LIST

☐ SIDE HUSTLE

☒ market research

☐ product research

☒ write email sequence

☐ list 5 products

☐

☒ yoga class

☒ buy picture frames

☒ get car serviced

☐

☒ grocery shopping

☒ meal prep

☐ meal prep #2

☐ movie night

☐

☒ pay hydro bill

☐

☒ committee mtg prep

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☐

☐

☐

Workout

S M T W T F S

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	2 SUNDAY	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY
6:00		morning routine	morning routine	morning routine	morning routine	morning routine	
6:30							
7:00							
7:30		workout	workout	workout	workout	workout	
8:00	morning routine	commute	commute	commute	commute	commute	morning routine
8:30							
9:00							
9:30							
10:00	yoga class						side hustle market research
10:30							
11:00	errands frames + car	in the office	in the office	in the office	in the office	in the office	brunch w/ the girls
11:30							
12:00			orientation				
12:30							
1:00	side hustle product research						
1:30							
2:00						meeting w/ D committee	meal prep
2:30							
3:00		committee mtg prep	committee mtg prep	committee mtg prep			
3:30							
4:00							
4:30							
5:00							
5:30		create email sequence	write product descriptions	upload 5 new listings	after work social		
6:00							
6:30							
7:00							
7:30							
8:00	weekly prep	movie night!	dinner with M	meal prep	side hustle product research	date night!	
8:30							
9:00							
9:30							
10:00							
10:30							
11:00		bill due	hydro				
11:30							

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1 2 3 4 5 6 7 8