

Weekly Tasks		Time Estimate
Work Hours Target >>		40.00
Weekly planning		1.00
Camtasia course	.75 h x 7	5.25
Update Sales Pages	2 hrs/day x 5	10.00
Record videos		3.00
Tailwind scheduling		1.00
Weekly emails		2.00
Tailwind Tribes	15 m /day x 5	1.25
Daily social eng.	30 m/day x 5	2.50
Create plan for new course		1.00
Goal setting blog post		8.00
Accountability chat	1 hr/day x 3	3.00
Personal		
Total Hours >>		38.00