




SELF-MONITORING:

Sample Daily Self-Monitoring Checklist for On-task behavior

Student Name: _____ Date: _____

At this exact second, am I reading on task? 	Yes 	No 
Bell 1		
Bell 2		
Bell 3		
Bell 4		
Bell 5		

Adapted from Box 6.1 Daily Self-Monitoring Checklist (see page 150)

Lane, K. L., Menzies, H., Bruhn, A., & Crnabori, M. (2011). Managing challenging behaviors in schools: Research-based strategies that work. New York, NY: Guilford Press.