

# Sample of a Monthly Work Schedule

| Sunday           | Monday   | Tuesday   | Wednesday        | Thursday               | Friday   | Saturday         |
|------------------|--|---|------------------|------------------------|--|------------------|
| 1<br><b>Off</b>  | 2<br><b>Off</b>  | 3<br>9:30am-4:00pm  | 4<br><b>Off</b>  | 5<br>2:00pm – 10:00pm  | 6<br>If a sleepover was done the night before:<br>Work 5:30am – 9am<br>Off 9am – 2pm<br>Work 2pm – 10pm  | 7<br>8am – 10pm  |
| 8<br>8am – 10pm  | 9<br>If a sleepover was done the night before:<br>Work 5:30am – 9am<br>Off 9am – 2pm<br>Work 2pm – 10pm  | 10<br>If a sleepover was done the night before:<br>Work 5:30am – 2:30pm & then off. | 11<br><b>Off</b> | 12<br>3:30pm – 9:00pm  | 13<br><b>Off</b>   | 14<br><b>Off</b> |
| 15<br><b>Off</b> | 16<br><b>Off</b>   | 17<br>9:30am-4:00pm   | 18<br><b>Off</b> | 19<br>2:00pm – 10:00pm | 20<br>If a sleepover was done the night before:<br>Work 5:30am – 9am<br>Off 9am – 2pm<br>Work 2pm – 10pm | 21<br>8am – 10pm |
| 22<br>8am – 10pm | 23<br>If a sleepover was done the night before:<br>Work 5:30am – 9am<br>Off 9am – 2pm<br>Work 2pm – 10pm | 24<br>If a sleepover was done the night before:<br>Work 5:30am – 2:30pm & then off. | 25<br><b>Off</b> | 26<br>3:30pm– 9:00pm   | 27<br><b>Off</b>   | 28<br><b>Off</b> |
| 29<br><b>Off</b> | 30<br><b>Off</b>   | 31<br>9:30am-4:00pm   |                  |                        |  |                  |