

• FREE CALENDAR •

(75) DAY CHALLENGE

75 DAY CHALLENGE

CHALLENGE: _____

GOAL: _____

START: _____ END: _____

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
36	37	38	39	40	41	42
43	44	45	46	47	48	49
50	51	52	53	54	55	56
57	58	59	60	61	62	63
64	65	66	67	68	69	70
71	72	73	74	75		

REWARD: _____

undated

create
custom
challenge

build
lasting
habits

US Letter
Sized

PDF or Canva
Template



Printables For Life