

The Easy Template

January 2023							
	S	M	T	W	T	F	S
W1	1	2	3	4	5	6	7
W2	8	9	10	11	12	13	14
W3	15	16	17	18	19	20	21
W4	22	23	24	25	26	27	28
W5	29	30	31	1	2	3	4
W6	5	6	7	8	9	10	11

Customize Here

Year

2023

Month

January

Start Day

Sunday

Monday

Sunday

☒ Get a raise

☒ Be more social

☒ Exercise more often

☒ Eat more at home

☐

- To-do List
- ☐ Buy new skin care product

☐ Get a hair cut

☐ Celebrate mom's birthday

☐ Open new bank account

☐ Sign up to yoga classes

☐

January 2023

Sunday		Monday	
Week 1	1 <div><div></div><div>80%</div></div> <div><input checked="" type="checkbox"/> 6:30am: Zumba Class</div> <div><input checked="" type="checkbox"/> 11am: Kickoff meeting</div> <div><input checked="" type="checkbox"/> 1pm: Eat with Julia</div> <div><input checked="" type="checkbox"/> Pay Rent</div> <div><input type="checkbox"/> Get some snacks at CVS</div> <div><input type="checkbox"/></div>	2 <div><div></div><div>40%</div></div> <div><input checked="" type="checkbox"/> 9am: Call with Candace</div> <div><input checked="" type="checkbox"/> 9am: Team meeting</div> <div><input type="checkbox"/> 1pm: Lunch with Liz</div> <div><input type="checkbox"/> Deep clean the kitchen</div> <div><input type="checkbox"/> Book flight for Oahu Hawai</div> <div><input type="checkbox"/></div>	
	8 <div><div></div><div>0%</div></div> <div><input type="checkbox"/> 10am: Yoga class</div> <div><input type="checkbox"/> 11am: Go to Brunch with Sam</div> <div><input type="checkbox"/> 1pm: Watch the game</div> <div><input type="checkbox"/> 7pm: Go for a walk</div> <div><input type="checkbox"/> Book the Hotel on the Big Island</div> <div><input type="checkbox"/></div>	9 <div><div></div><div>100%</div></div> <div><input checked="" type="checkbox"/> 8am: Dentist appointment</div> <div><input checked="" type="checkbox"/> 10am: Team meeting</div> <div><input checked="" type="checkbox"/> 9pm: Watch the game</div> <div><input checked="" type="checkbox"/> Book Swimming with Sharks Tour</div> <div><input type="checkbox"/></div> <div><input type="checkbox"/></div>	
	15 <div><div></div><div>50%</div></div> <div><input checked="" type="checkbox"/> 2pm: Go to the mall</div> <div><input type="checkbox"/> Meal Prep</div> <div><input type="checkbox"/></div> <div><input type="checkbox"/></div> <div><input type="checkbox"/></div> <div><input type="checkbox"/></div>	16 <div><div></div><div>40%</div></div> <div><input type="checkbox"/> 6:30am: Go to the Gym</div> <div><input type="checkbox"/> 8am: Book a doctor appointment</div> <div><input checked="" type="checkbox"/> 11am: Call with Audrey</div> <div><input checked="" type="checkbox"/> 7pm: Zumba class</div> <div><input type="checkbox"/> 8:30pm: Restaurant with Sam</div> <div><input type="checkbox"/></div>	
	22 <div><div></div><div>0%</div></div> <div><input type="checkbox"/> 6am: Meditation session</div> <div><input type="checkbox"/> 12pm: Bryson birthday</div> <div><input type="checkbox"/> 3pm: Watch the game</div> <div><input type="checkbox"/> 6pm: Go for a run</div> <div><input type="checkbox"/> Pay electric bill</div> <div><input type="checkbox"/></div>	23 <div><div></div><div>50%</div></div> <div><input checked="" type="checkbox"/> 7am: Yoga session</div> <div><input checked="" type="checkbox"/> 11am: Call with Trey</div> <div><input type="checkbox"/> 2pm: Kickoff meeting</div> <div><input type="checkbox"/> 8pm: Movie Night</div> <div><input type="checkbox"/></div> <div><input type="checkbox"/></div>	
Week 2			
Week 3			
Week 4			