

Jewish Calendar

EVERYDAY
JEWISH MOM

2020-2021

Sept 19*



Rosh Hashanah - It's the Jewish New Year!

Dip some apples in honey and say L'Shana Tova

Sept 28*



Yom Kippur - Day of Atonement

Take time to set goals for next year and forgive yourself for those you didn't meet last year

Oct 3 *



Sukkot - Our Harvest Holiday

Find a quiet moment in the outdoors. Feel the breeze, hear the birds, and stare at the stars

Oct 11*



Simchat Torah - Time to rewind the Torah

Refresh your Torah knowledge by picking up a book of Torah stories and reading one

Dec 10
@sundown
1st candle



Chanukah - Miracles! (Not Presents)

Eat something fried and spin a dreidel

Jan 28*



Tu Bishvat - Happy Birthday, Trees!

Thank trees for all they give us and eat a new fruit

Feb 26*



Purim - A brave woman saved our people

Dress up, have a drink, and yell "boo!" at the bad guys

March 27 -
1st Seder



Passover - Celebrate our Exodus from Egypt

Remember how blessed we are to have the freedoms we have. Remember that not everyone is as free as we are. Eat some matzah.

May 17*



Shavuot - Celebrating the 10 Commandments

Eat cheesecake. Make a cheese plate. Something dairy, just eat something dairy.

Every
Week!



Shabbat - Seriously, even G-d took a break.

Read a book, take a walk, turn off your phone, just be nice to yourself

* Holidays start at sundown the night before