

WEEKEND SCHEDULE

SATURDAY

TIME	SCHEDULED ACTIVITY
8 am-10 am	Gym, Exercise
10 am-11 am	Breakfast
11 am-12 pm	Party
12 pm-1 pm	Lunch with Family
2 pm-5 pm	Shopping, Bill Payments
5 pm-9 pm	Listening Music, Reading books, Gaming

SUNDAY

TIME	SCHEDULED ACTIVITY
7 am-10 am	Gym, Exercise
10 am-11 am	Breakfast
11 am-12 pm	Shopping, Grocery
12 pm-2 pm	Recreation
2 pm-5 pm	Seminar, Function
5 pm-9 pm	Outing, Party, Club

