

Daily Schedule

Week: [Date]

Start Time: 5:00 AM

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:00 AM		Go to gym					
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
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10:30 AM							
11:00 AM							
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12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							