



# Daily Dose Of Character CUT-APART CALENDAR CARDS

13 Pages: 1 for each month and 1 blank "character" page

## Version 1: Explicit Exercises



Option 1) Give each student (or each table) one copy of the cut-apart calendar cards for the value of the month.

Option 2) Give each student (or each table) one copy of EACH cut-apart calendar card page.

Option 3) Use the general "character" cut-apart calendar card page throughout the year for easier copying. Make extra copies available for student use. Have students generate their own character-building examples.

The cut-apart calendar cards allow your students to interact with their calendars as they reflect on how the values have impacted their lives each day.

Version 1 includes explicit exercises for students to complete to build each core value. The exercises are designed to be specific enough to be clear and achievable by students, but general enough to work in any classroom or home setting.

There are 7 distinct exercises on each cut-apart page. Activities can be repeated more than once, and this allows for students to easily snip off one card without having tons of tiny pieces floating around!

### Ideas for Use:

Each day, set aside a few minutes, or use transitional times, to have students reflect. If they have completed one of the exercises, they can cut off one of the cards and glue it onto their calendar. The small box at the top left provides room to write the date. Use the optional weekly reflection pages for students to elaborate on their experience that day.



**INTEGRITY**



**PERSEVERANCE**



**RESPECT**



**EMPATHY**



**COOPERATION**



**COURAGE**



**DETERMINATION**



**COMPASSION**



**SELF-CONFIDENCE**



**RESPONSIBILITY**



**TOLERANCE**



**CHARACTER**