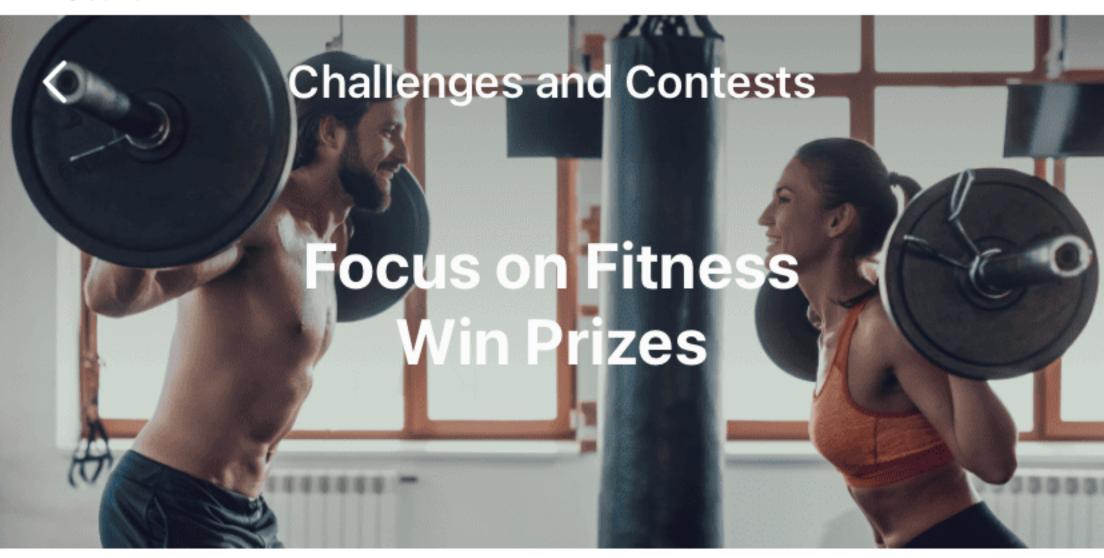
10:04

■ Search





Arm Sculptor Summer Group Contest Summer S



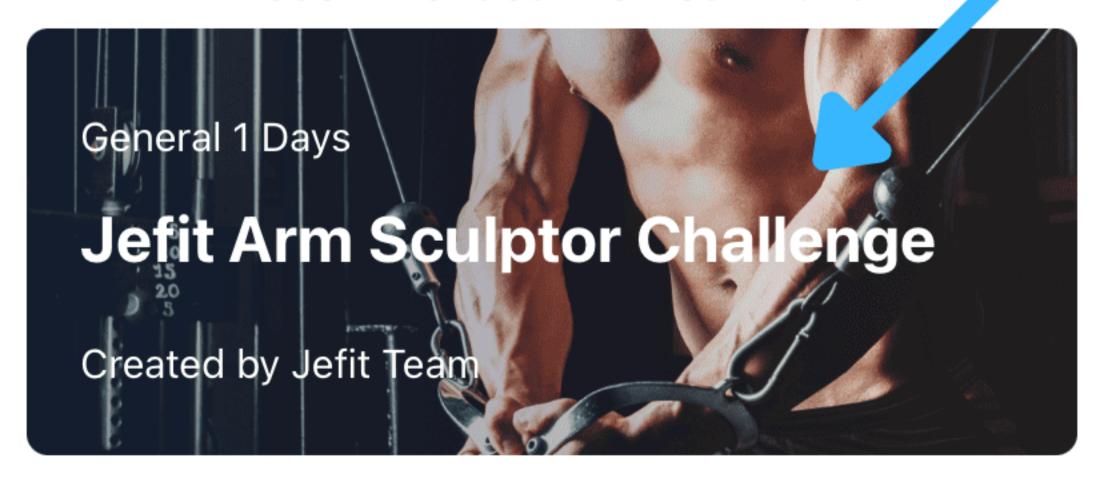
Arm Sculptor

0/21 days completed, only 21 more to go!

Important Dates

Challenge Start: 7/31/23 Challenge End: 8/31/23

Recommended Workout Plans



Bulking 2 Days