Time	Voiding Episodes		Leakage	
	Amount (ml)	Associated with urge to void?	Circumstance (stress, urge, or unaware)*	Amount**

*Stress incontinence is leakage when coughing, sneezing, or with physical activity; urge incontinence is leakage associated with a strong desire to void that cannot be suppressed, and unaware incontinence is leakage that is not perceived by the patient when it happens.

** large (soaked underwear), medium (damp), or small (few drops)