

EST = Eastern Standard Time (UT-5)
EDT = Eastern Daylight Time (UT-4)
DST = Daylight Saving Time

January 2023

NM = New Moon
FQ = First Quarter
FM = Full Moon
LQ = Last Quarter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 	4 	5 	6  FM: 6:08 PM (EST)	7 
8 	9 	10 	11 	12 	13 	14  LQ: 9:10 PM (EST)
15 	16 	17 	18 	19 	20 	21  NM: 3:53 PM (EST)
22 	23 	24 	25 	26 	27 	28  FQ: 10:19 AM (EST)
29 	30 	31 				