



# Morning Routine

## 1. Wake up

- Make your bed
- If you shower, clean it real quick!
- Fix hair & face and brush teeth
- Wipe down toilet & and swish (clorox wipes nearby help)
- Pick up laundry in bedroom, bathroom, closet, etc. and start load

## 2. Kitchen

- Empty dishwasher
- Start breakfast
- Feed animals
- Feed family
- Clean up breakfast after done eating

## 3. Think and plan

- Check your planner/calendar
- Make a to-do list (I like to do mine the night before)
- What's for dinner
- Move laundry to dryer
- Clear hot spot

## 4. Think about YOU

- Take meds and vitamins
- Relax, meditate, exercise, scripture study, etc.
- Reward yourself with computer time, reading, or whatever else you feel like doing! The time is yours!  
(Unless you have kids like I do.) =P

