

# DAILY FLYING CHART



What's For Dinner?



15 Minutes De-clutter



DRINK YOUR WATER!



15 Minutes Loving Movement



Morning Routine



Make the Bed



Dressed to Shoes



Swish & Swipe



Empty the Dishwasher



Reboot Laundry



Check your Calendar



Check your Control Journal



Take Your Vitamins/Meds



Eat a Frog a Day

Sunday  
*Renew Your Spirit Day*

Monday  
*Weekly Home Blessings Hour*

Tuesday  
*Plan and Play Day*

Wednesday  
*Anti-Procrastination Menu Planning and Partial Desk Day*

Thursday  
*Errand Day*

Friday  
*De-clutter Purse & Car, Paper Work Day And Date Night*

Saturday  
*Family Fun Day*

Weekly Home Blessings Hour: 7 Ways to Bless My Home!



Change Sheets



Trash



Magazines



Dust



Mirrors/Doors



Vacuum



Sweep/Mop

Before Bed Routine



Lay Clothes Out for Tomorrow



Check your Calendar



Gather Items for Launch Pad



Where are your keys?



2-minute Hot Spot



Shine Your Sink



Brush Teeth and Wash Your Face



Get to Bed at A Decent Hour



**F.A.C.E.**  
Financial Awareness Continually Empowers

Weekly Home Blessings Hour: 7 Ways to Bless My Home!												
Change Sheets	Trash	Magazines	Dust	Mirrors/Doors	Vacuum	Sweep/Mop						
<b>ZONES</b>												
							Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	
							Entrance	Kitchen	Bathroom	Mstr Bedroom	Living Room	
							Front Porch	Extra Room				
							Dining Room					