



# Weekly Plan



## Routines

### Morning

- Make the Bed
- Get Dressed/Put on Makeup/Fix Hair
- Wipe Bathroom Counter/Swish Toilet Bowl
- Start load of laundry
- Put Away Dishes

### Midday

- Fold and put away laundry
- Daily Focus
- Zone Cleaning/Decluttering (15 min)

### Evening

- Do Dishes/Start Dishwasher
- Wipe Down Kitchen Counter
- Tidy Clutter Area (5 min)
- Choose clothes for next day

## Zones

- Zone 1: Entryway + Dining Room + Front Porch + Backyard**
- Zone 2: Kitchen**
- Zone 3: Guest Bath + Extra Room**
- Zone 4: Master Bedroom + Bathroom**
- Zone 5: Living Room**

## Weekly Quick Clean

(10 min per task)

- Vacuum
- Dust
- Mop
- Clean Mirrors
- Change Sheets
- Empty All Trash



## Daily Focus

### Monday

Weekly Quick Clean

### Tuesday

Planning

### Wednesday

Anti-Procrastination Project

### Thursday

Errands

### Friday

Clean out purse/car