

A1C Chart

	A1C Percentage	Estimated Average Glucose (EAG)	
Normal	<5.7%	<117 mg/dL	6.5 mmol/L
Prediabetic	5.7-6.4%	117-137 mg/dL	6.5-7.6 mmol/L
Diabetic	>6.4%	>137 mg/dL	>7.6 mmol/L
Increasing Risk or complications	6.5%	140 mg/dL	7.8 mmol/L
	7.0%	154 mg/dL	8.6 mmol/L
	7.5%	169 mg/dL	9.4 mmol/L
	8.0%	183 mg/dL	10.1 mmol/L
	8.5%	197 mg/dL	10.9 mmol/L
	9.0%	212 mg/dL	11.8 mmol/L
	9.5%	226 mg/dL	12.6 mmol/L
	10.0%	240 mg/dL	13.4 mmol/L