

Present Perfect Continuous Tense **Examples**

Affirmative

She **has been working** on her novel for months.
They **have been studying** French for a long time.
We **have been waiting** for the bus for hours.
He **has been learning** to play the piano for years.
We **have been planning** the party for weeks.

Negative

I **haven't been working** out regularly lately.
They **haven't been practicing** their lines for the play.
He **hasn't been exercising** regularly lately.

Interrogative

Have you **been taking** care of yourself?
Has she **been working** on that report for a while?
Have they **been traveling** around Europe?
Have we **been following** the instructions correctly?