PRESENT CONTINUOUS TENSE



Form

Affirmative

S + am/is/are + V-ing
She is cooking.

Negative

S + am/is/are + not + V-ing

She is not cooking.

Interrogative

Am/is/are + S + V-ing

Is she cooking?

Usage	Example	Time Expressions
Action happening now	Jim is watching television at the moment.	Now, at the moment, currently
Temporary situations	I am staying with a friend for a few days.	At the moment, these days, for a few days
Annoying habits	That child is always crying for no good reason.	Always, forever, constantly
Changing situations	Her health is improving by leaps and bounds.	Little by little, gradually
Definite future plans	I am taking my French class on Tuesday.	Tonight, later, this weekend