

h me ever after... and altered the color of my mind.
ARONTE

DUE: car
payment

DINNER: mushroom
ravioli

DOLLARS:
venmo
Nikki \$50

DON'T FORGET:

TO-DO:
✓ call mom
✓ schedule eye exam
✓ send thank you cards
✓ print recipe
groceries

prep for Team Meeting
send Email
update spreadsheet
go over roadmap
review notes
dit copy on post

DAILY GRATITUDE:

Health
Family
+ coffee



When we do the best that we can, we never know what miracle is wrought in our life, or in the life of another.
HELEN KELLER

TUESDAY
July 12, 2022

TODAY'S TOP THREE:

- ☐ self care
- ✓ update website
- ☐ chores

DUE:

DINNER: sushi

DOLLARS:

DON'T FORGET:
Drink more
H2O!

TODAY:

- 5
- 6
- 7 Wake up
- 8 Yoga class w/ Tiffany
- 9 Work
- 10
- 11
- 12 Team Lunch

1 content meeting

6 sushi reservation 🍷

7 self care routine

TO-DO:

- ✓ Laundry
- ✓ Vacuum upstairs
- ☐ Put away dishes
- ✓ set up book club meeting
- ☐ Face mask + Bath
- ☐ Meditate
- ☐
- ✓ upload banner photos
- ✓ Edit copy
- ✓ schedule meeting
- ☐ map out new content
- ☐ competitor research
- ☐
- ☐
- ☐
- ☐

NOTES:

Make list of photo shoot needs next wk *

DAILY GRATITUDE:

Good night's
rest