

U MARCH @ Vitality

SUN

MON

TUE

WED

THU

FRI

SAT

Adult DBT 7
5:30-6:30pm
Patricia

Teen Coping Skills 8
5:30-6:30pm
Jackie

Anger Management 9
5:30-6:30pm
Veronica
Peer Support
5:30-6:30pm
JoJo

Adult Healthy Relationships 10
5:30-6:30pm
Patricia

Adult DBT 14
5:30-6:30pm
Patricia

Teen Coping Skills 15
5:30-6:30pm
Jackie

Anger Management 16
5:30-6:30pm
Veronica
Peer Support
5:30-6:30pm
JoJo

Adult Healthy Relationships 17
5:30-6:30pm
Patricia

Adult DBT 21
5:30-6:30pm
Patricia

Teen Coping Skills 22
5:30-6:30pm
Jackie

Anger Management 23
5:30-6:30pm
Veronica
Peer Support
5:30-6:30pm
JoJo

Adult Healthy Relationships 24
5:30-6:30pm
Patricia

Adult DBT 28
5:30-6:30pm
Patricia

Teen Coping Skills 29
5:30-6:30pm
Jackie

Anger Management 30
5:30-6:30pm
Veronica
Peer Support
5:30-6:30pm
JoJo

Adult Healthy Relationships 31
5:30-6:30pm
Patricia

LEAVE A
LITTLE
SPARKLE
WHEREVER

* You Go *



HAPPY
St. Patrick's
Day

EACH DAY IS

a
Fresh
Start

