BABY POOP BYCOLORS



BRIGHT GREEN

If it's also foamy it can be a sign that your breastfed baby is not drinking enough hindmilk. Try leaving her on the same breast longer.



GREENISH TAN

Normal for: breastfed babies, teething babies. Warning sign of stomach bug, or allergy to milk if it has mucus or a runny consistency.



DARK GREEN

Normal for: Formula-fed babies, babies who are on iron supplement, meconium.



WHITE

Warning sign for: Liver or gallbladder issues. Needs to be seen by a doctor.



GRAY

Warning sign for: Liver or gallbladder issues. Needs to be seen by a doctor. Could be normal if your baby has started solids.



BLACK OR DARK BROWN

Warning sign for: digestive issues, GI tract bleeding (in rare cases) if your baby is older than 3 days old. Needs to be seen by a doctor.



RED

Red flecks: could be a sign of constipation or swallowing blood from mom's cracked nipples. Bright red: Warning sign for allergies or GI tract bleeding (in rare cases). See doctor.



BROWNISH ORAN

Normal for: Formula-fed babies, Babies who are starting solids, breastfed babies if mom eats food with red dye.



MUSTARD YELLOW

Healthy, especially on breastfed babies!



BRIGHT YELLOW

Normal for: Breastfeeding babies with moms taking medicines.

If runny or watery: Could be a sign of diarrhea.

