



Present Perfect Continuous

Present Perfect Continuous Tense indicates that something started in the past and is continuing at the present time.

POSITIVE (+)	NEGATIVE (-)	QUESTION (?)
I have been starting	I have not (haven't) been starting	Have I been starting
You have been starting	You have not (haven't) been starting	Have you been starting
He has been starting	He has not (hasn't) been starting	Has she been starting
She has been starting	She has not (hasn't) been starting	Has he been starting
It has been starting	It has not (hasn't) been starting	Has it been starting
We have been starting	We have not (haven't) been starting	Have we been starting
You have been starting	You have not (haven't) been starting	Have you been starting
They have been starting	They have not (haven't) been starting	Have they been starting

Examples:

- He **has been walking**.
- She **has been singing** a song.
- The athlete **has been running** for a trophy.
- I **have been travelling** to this country for four days.
- We **have been learning** English since last winter.
- The child **has been watching** TV all afternoon.