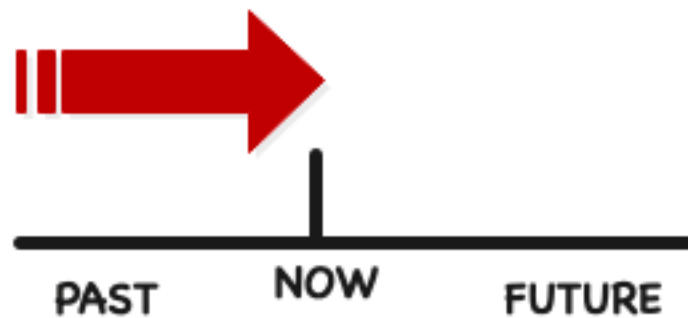


PRESENT PERFECT CONTINUOUS MEANING

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DURATION FROM PAST TILL NOW
(With action verbs) Situations that have not finished or have just finished



Have you been crying?

I have been painting the bedroom.

OFTEN WITH PRESENT RESULTS



RED EYES



DIRTY

REPEATED ACTIONS FROM PAST UNTIL NOW



She has been calling you for days.

(She has repeated this action several times over the last few days.)



MONDAY



TUESDAY



WEDNESDAY



THURSDAY

OFTEN USED WITH TIME EXPRESSIONS SUCH AS: *FOR, SINCE, HOW LONG, ALL..., LATELY, ETC.*

FOR, SINCE, HOW LONG

We have been studying since you left this morning.

ALL + time expression

I've been trying to talk to you all evening.

LATELY

She hasn't been sleeping very well lately.