

Present Perfect Continuous Tense

	have	been	travelling.
Subject	Auxiliary verb (present tense)	Auxiliary verb (past participle)	Base form of verb+ing

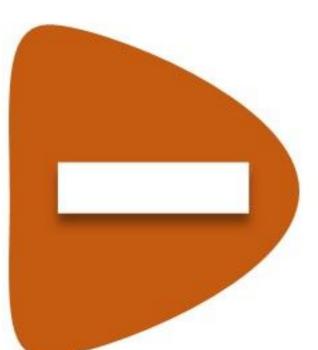


Structure

√ S + has/have + been + V1(+ing) + ...

Example

✓ He has been playing football for two hours.



Structure

√ S + has/have + not + been + V1(+ing) + ...

Example

He has not been playing football for two hours.



Structure

✓ Has/have + Subject + been + V1(+ing) + ...

Example

Has he been playing football for two hours.

#	EXAMPLES
1.	She has not been sleeping.
2.	I have been walking since morning.
3.	Amu has been writing essay for last two hours.
4.	The child has been playing game since evening.
5.	Has he been living in this house?
6.	They have been ploughing in the fields for five hours.
7.	He has been doing exercise since morning.
8.	Jami has not been playing football.
9.	He has been waiting for me for one hour.
10.	I have been travelling since 2017.

USAGE

EXAMPLES

Emphasis on duration of action.

I have been learning French since I went to school.

To express anger and irritation

Why you have been disturbing me?

Time bound expressions (since, for, lately, how long)

1. He has been watching TV for two hours.

2. He has been smoking since 2015.