



CLUTTERBUG



NEED MORE
SPACE?

30-DAY DECLUTTERING CHALLENGE

SORT • PURGE • ASSIGN • CONTAIN • EVALUATE

Organize one area a day for 30-days using the S.P.A.C.E. Method.

SET YOUR TIMER FOR JUST 15-MINUTES EACH DAY. YOU WILL BE AMAZED
AT HOW MUCH YOU CAN ACCOMPLISH IN JUST 15-MINUTES.

1. UNDER KITCHEN SINK
2. FOOD CONTAINERS
3. BAKEWARE & DISHES
4. UTENSIL DRAWERS
5. FRIDGE
6. FREEZER
7. PANTRY
8. JUNK DRAWER
9. LINEN CLOSET
10. BATHROOM DRAWERS
11. UNDER BATHROOM SINK
12. MEDICINE/TOILETRIES
13. DRESSER DRAWERS
14. UNDER YOUR BED
15. CLOSET
16. SHOES
17. PURSES, BAGS, TOTES
18. MEMORABILIA
19. CHILDREN'S TOYS
20. CHILDREN'S CLOTHES
21. CRAFT SUPPLIES
22. LAUNDRY AREA
23. DESK/PAPERWORK
24. STORAGE AREA
25. BOOKS
26. MOVIES/GAMES
27. OUTERWEAR
28. CLUTTERED SURFACES
29. GARAGE/SHED
30. TOOLS

GET THINGS DONE!

15-MINUTES A DAY, CAN KEEP
YOUR CLUTTER AWAY!