

Decluttering Checklist

KITCHEN

- ☐ Extra cups and mugs
- ☐ Plastic cutlery
- ☐ Expired food
- ☐ Unused plastic containers
- ☐ Multiple pairs of scissors
- ☐ Travel mugs that are ugly
- ☐ Duplicate kitchen utensils
- ☐ Cookie cutters you don't use
- ☐ Cake pans you don't use
- ☐ Extra mason jars

BATH

- ☐ Makeup that's expired
- ☐ Outdated drugs or vitamins
- ☐ Excess bobby pins
- ☐ Dried up nail polishes
- ☐ Unused perfume or colognes
- ☐ Makeup you've never used
- ☐ Extra travel size shampoo bottles
- ☐ Curling irons or straighteners you don't use
- ☐ Half used lip balm containers
- ☐ Expired sunscreen

LINENS AND DECOR

- ☐ Rugs or decor you don't use
- ☐ Extra pillows
- ☐ Extra bed linens (keep two sets per bed)
- ☐ Extra cleaning rags
- ☐ Tea light candles
- ☐ Knick knacks you don't like
- ☐ Candles you don't use

PAPER CLUTTER

- ☐ Old bills
- ☐ Paychecks older than 2 years
- ☐ Old newspapers
- ☐ Ticket stubs
- ☐ Extra notebooks
- ☐ Old Christmas cards
- ☐ Old Calendars
- ☐ Boxes
- ☐ Expired coupons
- ☐ Old day planners
- ☐ Take out menus

BEDROOMS

- ☐ Extra plastic hangers
- ☐ Socks with holes or without mates
- ☐ Old sneakers
- ☐ Jewelry you don't wear
- ☐ Clothes that are more than 2 sizes too big or small

TECHNOLOGY AND ENTERTAINMENT

- ☐ Magazines
- ☐ Books you will never read again
- ☐ Old technology such as CDs, VHS tapes
- ☐ Movies you won't watch again
- ☐ More ear buds than you have family members
- ☐ Toys that never get played with
- ☐ Games with missing pieces
- ☐ Video games or board games you never play
- ☐ Cords that don't belong to anything you currently own
- ☐ Duplicate power cords that never get used
- ☐ Travel alarm clock
- ☐ Old phone covers or screen protectors
- ☐ Stuffed animals your kids don't love anymore

EVERYTHING ELSE

- ☐ Projects that are half-finished
- ☐ Old paint
- ☐ Old product boxes
- ☐ Matches you'll never use
- ☐ Things you bought and still haven't returned
- ☐ Loose screws, nuts, bolts, etc.
- ☐ Holiday decor you don't use
- ☐ Old party supplies
- ☐ Old wedding favors
- ☐ Cleaning supplies you don't use
- ☐ Flower Pots (either plant a flower or toss the pot)
- ☐ Watering cans, if you don't have plants or flowers
- ☐ Extra buttons
- ☐ Extra Highlighters
- ☐ Samples of any kind that you aren't using
- ☐ Tape measures (keep one and toss the rest)
- ☐ Misc. ribbons or string
- ☐ Organizers that aren't in use
- ☐ Keychains you don't use