

Decluttering Checklist

KITCHEN

- ☐ Expired food
- ☐ Plastic cutlery
- ☐ Stained containers
- ☐ Unused / Broken bottles
- ☐ Old mugs
- ☐ Unused appliances

BATHROOM

- ☐ Old travel items
- ☐ Expired makeup
- ☐ Expired medicinal products
- ☐ Old toothbrushes
- ☐ Dried nail polish
- ☐ Duplicate items

BEDROOM

- ☐ Old clothes
- ☐ Old shoes
- ☐ Unpaired socks
- ☐ Unused items
- ☐ Unused accessories
- ☐ Extra hangers

OFFICE

- ☐ Old bills
- ☐ Used notebooks
- ☐ Dried pens and markers
- ☐ Old menus and flyers
- ☐ Used gift cards
- ☐ Old calendars

GARAGE

- ☐ Empty boxes
- ☐ Loose screws and bolts
- ☐ Old paint
- ☐ Unused tools
- ☐ Unopened boxes
- ☐ Old party supplies

MISCELLANEOUS

- ☐ Unused linen
- ☐ Expired cleaning products
- ☐ Burned candles
- ☐ Unused Board games, puzzles
- ☐ Outdated phones and cords
- ☐ Old toys