

GOAL ACTION *plan*

 <div>GOAL</div>	<div>WHY</div>	<div>MOTIVATION</div> 
<div>START DATE</div>	<div>DEADLINE</div>	<div>REWARD</div>
 <div>OBSTACLES TO OVERCOME</div>	<div>RESOURCES</div> 	
 <div>BIG STEPS</div> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<div>LITTLE STEPS</div> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<div>NOTES</div> 