## Sheets included/Used in Planner

Sheets in **bold** populate the Weekly sheet, the rest are optional.

DTR - Populates Weekly, keeps track of appointments, Events, reminders, Chores

### Weekly

To-Dos - Populates Weekly, lists all pending todo items

#'s - populated by Monthly expense sheets, year long expense tracker

Monthly expense sheets (jan-Dec) - Populates Weekly bills/ savings, tracks all expenses for corresponding month.

Tracker - trackers accomplished, routines, chores, todos, hydration and assigns value

#### Meal Planner

Reading List 2021 Calendar Need/Want

# The Weekly Meal Plan

This is populated by the Meal Planner Sheet and can be set up a dropdown to pull recipes from that page or randomized. I currently have it set to work as a dropdown Sunday through Thursday, with

| Section (Section )   | Meal   | Recipe   | Notes  |
|--|--|--|--|
| Monday   | Hot dogs/ Sauages  | memory   | N/A  |
| Tuesday  | Shrimp and Pasta   | Pinterest  | N/A  |
| Wednesday  | Hot dogs/Savages   | memory   | N/A  |
| Thursday   | Cheese quesadilla  | Finterest  | N/A  |
| Wildcard Friday  | Surf and Turf  | Chinese  | Cajun  |
| Saturday   |  | Leftovers  |  |
| Sunday   | Pork Chops w Vieg  | memory   |  |
|  |  | Shopping List  | White and internal of the control of   |
| Monday   | Tuesday  | Wednesday  | Thursday Friday  |
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