

# Cleaning Schedule Checklist

## KITCHEN

*Mon.*

- ☐ Clean Sink & Counters
- ☐ Wipe All Kitchen Appliances
- ☐ Sweep & Mop (Include Baseboards)
- ☐ Clean Kitchen Table
- ☐ \_\_\_\_\_

## LIVING/ FAMILY

*Tues.*

- ☐ Vacuum, Sweep, Mop (Baseboards Too)
- ☐ Dust & Wash All Surfaces
- ☐ Wash Blankets, Febreeze Pillows
- ☐ Pick-up Clutter
- ☐ \_\_\_\_\_

## BEDROOMS

*Wed.*

- ☐ Vacuum, Sweep, Mop (Baseboards Too)
- ☐ Dust & Clean Tops of Dressers, Tables
- ☐ Wash Bedding, Febreeze Pillows
- ☐ Pick-up Clutter
- ☐ \_\_\_\_\_

## BATHROOMS

*Thurs.*

- ☐ Vacuum, Sweep, Mop (Baseboards Too)
- ☐ Clean Toilet, Shower, Sink, Tub
- ☐ Wash Rugs & Towels
- ☐ Wash Counters, Mirrors, De-Clutter
- ☐ \_\_\_\_\_

## HALLS & ENTRY

*Fri.*

- ☐ Vacuum, Sweep, Mop (Baseboards Too)
- ☐ Dust & Wash Any Tables, Decorations
- ☐ Wash Mirrors
- ☐ Pick-up & Organize
- ☐ \_\_\_\_\_

## LAUNDRY/ GROCERIES

*Week  
End*

- ☐ Weekly Meal & Budget Planning
- ☐ Any Leftover Laundry
- ☐ Clean Out Fridge
- ☐ Pick-up & Organize
- ☐ \_\_\_\_\_

## EVERYDAY

### One Load of Laundry

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Make Beds

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Dishes

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Clean Kitchen Table

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Pick-up Clutter

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Trash

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## MONTHLY

- ☐ Dust Curtains
- ☐ Wash Windows
- ☐ Deep Clean Oven
- ☐ Deep Clean Fridge/Freezer
- ☐ Deep Clean Microwave
- ☐ Clean Door Knobs
- ☐ Spot Clean Carpets
- ☐ Spot Clean Walls

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