



MONTHLY cleaning

BATHROOMS

- ☐ clean mirrors & countertops
- ☐ wash shower curtains
- ☐ declutter under bathroom sinks
- ☐ clean & organize medicine cabinets
- ☐ clean shower head & faucets

KITCHEN

- ☐ descale coffeepot
- ☐ wipe off small appliances
- ☐ clean fridge & freezer
- ☐ deep clean stove burners
- ☐ wipe kitchen cabinets & fridge doors
- ☐ cycle clean washer & dishwasher
- ☐ organize & clean pantry
- ☐ wipe off cabinets
- ☐ deep clean sink & faucet
- ☐

LIVING AREAS

- ☐ dust ceiling fans
- ☐ vacuum sofa
- ☐ wipe off electronics
- ☐ wash pillows & throw blankets
- ☐ steam clean carpets & rugs
- ☐ tidy bookshelves

MISC.

- ☐ declutter and clean garage
- ☐ organize storage / basement / attic
- ☐ wash windows & switch plates
- ☐ wipe window blinds / clean curtains
- ☐ defrost / clean deep freezer
- ☐ wash area rugs
- ☐ clean out dryer vent
- ☐ disinfect all trash cans
- ☐ vacuum all furniture
- ☐ wash area rugs
- ☐ dust walls & ceiling corners for cobwebs
- ☐ wipe baseboards / chair rail / moldings
- ☐ sweep out fireplace
- ☐ wipe all doors & trims
- ☐ dust light fixtures & lamp shades
- ☐ throw away outdated files & papers
- ☐ clean return air vents
- ☐ clean window tracks
- ☐
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