

MARCH

SEASONAL PRODUCE GUIDE

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ARTICHOKES



ASPARAGUS



AVOCADO



BROCCOLI



BRUSSELS SPROUTS



CABBAGE



CAULIFLOWER



CELERY ROOT



FENNEL



GRAPEFRUIT



KIWI



LEEKS



LEMONS



ORANGES & MANDARINS



PARSNIPS



PEAS



PINEAPPLES



POTATOES



RADISHES



ROMANESCO



RUTABAGAS



SPRING GREENS



SUNCHOKES

RECIPES INSIDE!