



FEELINGS CHART

FOR EMOTION REGULATION PDF FILE INSTANT DOWNLOAD

FEAR	Rejected	Abused Indignant	HAPPINESS	Joyful	Interested	ANGER	Hurt	Embarrassed Deserted	DISGUST	Disapproval	Jealousy Lustful
	Submissive	Worried Insignificant		Interested	Interested		Fight	Embarrassed Deserted		Disappointed	Contempt Respectful
	Insecure	Worried Insignificant		Proud	Insignificant Insignificant		Threatened	Jealousy Deserted		Awful	Embarrassed Disappointed
	Anxious	Apprehensive Unsure		Accepted	Important Embarrassed		Hateful	Embarrassed Deserted		Avoid Ant	Embarrassed Deserted
	Scared	Nervous Overwhelmed		Powerful	Delighted Respected		Mad	Worried Embarrassed		Yell	Embarrassed Deserted
	Worried	Embarrassed Embarrassed		Intimate	Embarrassed Embarrassed		Aggressive	Embarrassed Embarrassed		Insult	Embarrassed Embarrassed
	Lost	Embarrassed Embarrassed		Optimistic	Embarrassed Embarrassed		Frustrated	Embarrassed Embarrassed		Guilty	Embarrassed Embarrassed
	Failure	Embarrassed Embarrassed		Arrogant	Embarrassed Embarrassed		Distant	Embarrassed Embarrassed		Abandoned	Embarrassed Embarrassed
SURPRISE	Star Led	Embarrassed Embarrassed	HAPPINESS	Amazed	Embarrassed Embarrassed	ANGER	Critical	Embarrassed Embarrassed	SADNESS	Despair	Embarrassed Embarrassed
	Confused	Embarrassed Embarrassed		Appreciative	Embarrassed Embarrassed		Indignant	Embarrassed Embarrassed		Degressed	Embarrassed Embarrassed
	Amazed	Embarrassed Embarrassed		Blessed	Embarrassed Embarrassed		Offended	Embarrassed Embarrassed		Lonely	Embarrassed Embarrassed
	Exited	Embarrassed Embarrassed		Confident	Embarrassed Embarrassed		Lack	Embarrassed Embarrassed		Bored	Embarrassed Embarrassed