



Caregivers Checklist

Morning Routine

☐
☐
☐
☐

☐

Bathroom & Washing

☐
☐
☐
☐

☐

Medications

☐
☐
☐
☐

☐

Activities

☐
☐
☐
☐

☐

Meals & Snacks

☐
☐
☐
☐

☐