

Recipe For: Veggie Quiche



Ingredients:

3 - 4 c Fresh Vegetables
(String beans, cauliflower, broccoli, tomato, pepper, spinach, etc.)
½ Onion, chopped small
2 Cloves Garlic, crushed
1 c Shredded Cheese
(cheddar, Swiss, etc.)
½ c Milk
¾ c Bisquick
3 eggs
Salt/Pepper



Directions:

Chop vegetables into bite sized pieces and fully cook. Sauté onion and garlic in butter or oil until tender. Butter the bottom of a pie dish. Add cooked vegetables, onions, garlic and cheese. In separate bowl whisk milk and eggs and then whisk in Bisquick thoroughly. Pour over vegetable mix in pie dish and bake in oven for 35 - 45 min at 400°F. Knife should come out clean when done.

