

# Stuffed Hippo Apples

## INGREDIENTS:

2 apples (Gaia or Fuji)  
2 tbsp butter  
4 tbsp crushed walnuts or pecans

1/4 tsp cinnamon  
2 tbsp maple syrup

## DIRECTIONS:

1. Core the apples 3/4 of the way (so you have 2 apple cups!)
2. Layer the ingredients inside each apple. First 1 tbsp butter then 2 tbsp nuts, then 1 tbsp syrup, then 1/8 tsp cinnamon
3. Bake for 30 minutes at 400°

\*Remember to always cook with a grown-up!

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