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Saturday-Friday | May 8 - 14, 2021 THE LEADING SOURCE OF NEWS AND INFORMATION FOR FELLOW FILIPINO-AMERICANS

**COVAX** to send AstraZeneca, Pfizer COVID-19 vaccine doses in May PAGE 15

# "ISANG TINIG, ISANG LAHI" RESCUE CONCERT FOR RP SHAPES UP"

#### By ABNER GALINO

A VIRTUAL conference of Filipino and Filipino American leaders was held on Wednesday (May 5) to organize a humanitarian response to the crisis besetting the Philippines due to the COVID 19 pandemic.

ence was titled: Call to by the pandemic. action and unity for Filitarian Response to the Philippine COVID crisis.

On the same venue, television personality also the president of the Volunteers Against Crime and Corruption (VACC), talked about concert titled: Isang Tinig, Isang Lahi to gen- pino ancestry. erate awareness and support for the Filipinos pants did not discount

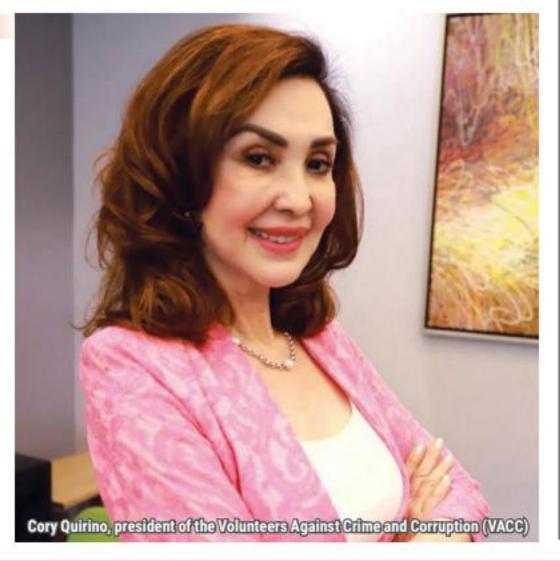
The virtual confer- and economically hurt

"We have to use our ipinos abroad: Human- lives to help our fellow Filipinos. The government cannot do it alone." Quirino said.

The meaningful con-Cory Quirino, who is cert, patterned after the 1985's well remembered concert "Live Aid," is projected to involve the biggest Filipino enterthe build up efforts to tainers and as well as falaunch a virtual world mous artists from other countries who have Fili-

Conference particiwho have been socially American pop star

"ISANG TINIG" 4



#### LA County approves motion to address anti-Asian hate

he Los Angeles County Board of Supervisors has unanimously approved a motion authored by Chair Hilda L. Solis and co-authored by Supervisor Barger that will continue to address anti-Asian hate in honor of Asian America Pacific Islander Heritage Month.

The motion seeks to explore the feasibility of making accessible bystander intervention training for LA County employees.

"In Los Angeles County, we recognize that education is a key part of our ongoing work to address racism, which is why this Asian American Pacific Islander Heritage Month, we are directing resources to explore an opportunity to provide bystander intervention trainings that are accessible to all County employees," shared Chair

"Equipped with the appropriate tools, County employees can safely and effectively intervene in hate acts that they may encounter in the public sphere."

Over the course of the pandemic,

LA COUNTY >> 4

### **JAARP**

## Got your 1<sup>st</sup> shot?

Here are 8 things to know before your second COVID-19 vaccine shot



While many people report the second shot packs a punch, the good news is that older adults are less likely to experience vaccine reactions.

Avoid taking pain relievers before your shot Pain relievers taken preemptively ahead of a shot could dampen the effectiveness of the vaccine.

Timing between doses doesn't need to be exact The second dose of the Pfizer shot is recommended to be given 21 days after the first; for Moderna, 28 days. But if you miss it, the second dose can be given up to 6 weeks after the first.

The second dose should be from the same manufacturer as the first

> Moderna and Pfizer vaccines are not interchangeable with each other or with other COVID-19 vaccine products.

A rash at the injection site isn't a reason to skip your second dose

A rash at the injection site after getting the first shot should not deter from getting the second shot.

Temporarily avoid all other vaccines Avoid other immunizations in the two weeks before and after both doses.

Full immunity is not immediate It takes 2 weeks after the second dose to build full protection

Continue preventative measures Continue to wear a mask and practice social distancing after vaccination. It's still possible to carry the virus and silently transmit it to others.

AARP is fighting to protect the health of Asian Americans & Pacific Islanders 50+ and their families by providing trusted information and resources surrounding COVID-19.



Learn more about COVID-19 vaccination at aarp.org/vaccineinfo