

17:09



☰ Today ⋮

● Message
Today 18:30

● Shopping
Today 18:45

Hide ^

☐ ★ Breakfast: tasty aaand healthy!
Today / Weekend on the lake ⋮

☐ ★ Watch the video about postural exercises
Today / Health

☐ ★ Send weekly reports
Today / Routine

☐ ★ Update the file for a week
Today / Routine

☐ ★ Weekly review
Today / Routine

☐ ★ Send videos to Anna
Today / Unplaced

Blog

☐ ★ Posture training course 2022 – shoulders, neck, face
Today / 07:00 / Posture training course 2022

