OUR DAILY ROUTINE

Potty
Wash Hands
Do Hair

Make Bed

Get Dressed

Put dirty PJs in Hamper

Eat Breakfast
Brush Teeth

Take Vitamins

Feed Fish

Pack Backpack

Goodbye Hugs

School (T,R,F)
OR

Creative/Art Time

Snack Time

Try to go Potty
Adeline Nap

Physical Activity
or Outing

Lunch

Esther Nap Time

Play Outside

Try to go Potty

Wash Hands

Snack Time

Screen-Time
Adeline Nap

Indoor Play or
Sensory Play

Clean Up Time

Family Walk
Bike Ride

Try to go Potty &
Wash Hands

Dinner & Dessert

PM

Dirty clothes in Hamper

Bath

Put PJs on

Brush Teeth
Mouth Wash

Read for 15min

Try to go Potty

Hugs goodnight &
Kiddo snuggling

Lights Out