Past Simple

POSITIVE (+)	NEGATIVE (-)	QUESTION (?)
I started	I did not (didn't) start	Did I start
You started	You did not (didn't) start	Did you start
He started	He did not (didn't) start	Did he start
She started	She did not (didn't) start	Did she start
It started	It did not (didn't) start	Did it start
We started	We did not (didn't) start	Did we start
You started	You did not (didn't) start	Did you start
They started	They did not (didn't) start	Did they start

Past Progressive

POSITIVE (+)	NEGATIVE (-)	QUESTION (?)
I was starting	I was not (wasn't) starting	Was I starting
You were starting	You were not (weren't) starting	Were you starting
He was starting	He was not (wasn't) starting	Was he starting
She was starting	She was not (wasn't) starting	Was she starting
It was starting	It was not (wasn't) starting	Was it starting
We were starting	We were not (weren't) starting	Were we starting
You were starting	You were not (weren't) starting	Were you starting
They were starting	They were not starting	Were they starting

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