

DAILY TO-DO LIST

DATE: / /

SCHEDULE

TOP 3 PRIORITIES

1

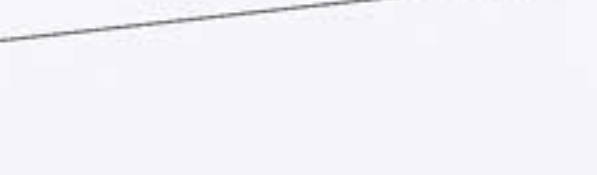
2

3

TO-DO LIST

[illegible][illegible]

MEALS



EXERCISE



TOMORROW

