

2025

GOALS

- ✓ learn to cook
- o visit 2 new countries
- o read more books
- o work out 5 day/week
- ✓ bake more
- ✓ go swimming
- o complete a no spend challenge
- o learn basic spanish
- ✓ get rid of unnecessary stuff
- o maximize my time
- o do things that make me happy
- o less technology
- o be kind, patient and thoughtful

PUT YOURSELF
FIRST!

LET
SUCCESS
MAKE
THE
NOISE.