

Happy New Year!



JANUARY

United Studios of
SELF DEFENSE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 	2	3 <i>Open Matt</i> <i>Happy Birthday</i> <i>Jordan Vogel!</i>
4 <i>Happy Birthday</i> <i>Jake Burger!</i>	5	6 <i>Happy Birthday</i> <i>Joseph Ferraro!</i>	7	8	9	10 <i>Instructor Workout</i> <i>Sparring Class</i> <i>Happy Birthday</i> <i>Jeremy Espinal!</i>
11 <i>Happy Birthday</i> <i>Josiah Bishay!</i>	12	13 	14	15	15	17 <i>Instructor Workout</i> <i>Open Mat</i>
18 <i>Happy Birthday</i> <i>Dan Reynolds!</i>	19 Martin Luther King Jr. Day	20	21	22	23 <i>Happy Birthday</i> <i>Jarret Weintrauss!</i>	24 <i>Instructor Workout</i> <i>Sparring Class</i>
25	26	27 <i>Happy Birthday</i> <i>Zoe Waldman!</i>	28 	29 <i>Happy Birthday</i> <i>Azn Pineda and</i> <i>Mary Cornetta !</i>	30 <i>Happy Birthday</i> <i>Geovani Alvarez!</i>	31 <i>Test Date @ 12:pm</i>