

# POOP TRACKER

| DATE/TIME | COLOUR                                                                     | TYPE                                                                                        | EASE                  | NOTES/DESCRIPTION |
|-----------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----------------------|-------------------|
|           | BROWN<br>DARK GREEN<br>LIGHT GREEN<br>YELLOW<br>RED<br>PALE WHITE<br>BLACK | HARD MARBLES<br>LUMPY LOG<br>CRACKED LOG<br>SMOOTH SNAKE<br>SOFT MARBLES<br>MUSHY<br>WATERY | 1<br>2<br>3<br>4<br>5 |                   |
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EASE: 1 - Very Smooth 2 - Smooth 3 - Relatively Smooth 4 - Somewhat Tough 5 - Hard To Pass

GOODNOTES  
NOTABILITY  
COMPATIBLE

EASILY  
PRINTABLE  
PDF FILE

FULLY  
EDITABLE  
ON CANVA