

The Calendar of Life

1988 Birth Year

These calendar books are birth year specific. If the book you're currently looking at does not say your birth year, search for the same title, but with your birth year.

This book contains every year of your entire life, from the year before you were born (which is often the year of conception), to the current potential of 120-years of age.

Colored borders separate the seasons into their actual durations for each year. This simplifies the process of locating dates and understanding them more completely.

Each of the four primary lunar phases are also provided on each calendar, and in a way that shows the pattern progressions throughout each year.

The page numbers are the age numbers of each year's birthday, and the calendar year is printed in bold on top of each page.

Also included, is a chart for figuring out the dates of conception. This chart can be used for pregnancy planning as well, as normal pregnancies only deviate from the mean by 2-weeks in either direction of the 280-day average.

This is tool for memory, understanding, and planning, and can be used in conjunction with a journal for further optimized results.

